

"Adversity makes a man wise, not rich."

Proverb

AFTER LABOR DAY CENTRO CHANGES THE BUS SCHEDULES MAKE SURE YOU HAVE THE MOST RECENT MATERIALS!



Getting to know your DPN

The most important thing to know about me is that I have a terrible sense of direction. Many of my phone conversations have started with, "Go to MapQuest". Then a magical thing happened, I got a Tom-Tom, and this one simple device changed the way I am able to get around, I can travel independently. The role of the DPN is exactly that of a Tom-Tom, to guide One- Stop staff in helping people with disabilities access and navigate the programs that impact their ability to gain or retain employment. I also make sure that our services are accessible in three ways: Physically, Programmatically and Attitudinally. I am here to problem solve, working with difficult cases as well as problem solving at a systems change level. And finally, to provide outreach to employers and connecting with other agencies. I have had the opportunity to meet with representatives from several local agencies and each newsletter will provide an overview and description of one of the providers. I will provide updates on programs or services that all job seekers should know about. I will also refresh tips on etiquette and provide sample questions and answers about disability related issues. *Lauraine Bush*



What is the "Rides to Work Program"?

The Mobility Management Center of CENTRO provides services to help people get to and from employment. Services include Free Rides if the bus cannot get you there, Free Travel Training if you can use the bus and Transportation Planning for Your Future. This service is available for an adult who is currently receiving or has received Temporary Assistance to Needy Families (TANF) or an adult whose household income is at or below 200% of the federal poverty level and you have a minor child or an adult without children whose household income is at or below 150% of the federal poverty level. Individuals can call 442-3380 to see if they are eligible.

What is Low Vision?

Low vision should not be confused with blindness. People with low vision have some useful vision which can often be improved with low vision aids.

Did you know?

The Onondaga County Public Library has resources available through their Star Program available for loan including adaptive listening devices, accessible board games, can convert documents to large print or emboss documents into brail. They recommend using 18 point font for those with low vision, and printing documents on a yellow paper for improved contrast.

Taking a Closer Look- CBVH



CBVH is the Commission for the Blind and Visually Handicapped. The mission of the New York State Commission for the Blind and Visually Handicapped is to enhance employability, to maximize independence, and to assist in the development of the capacities and strengths of people who are legally blind. CBVH works closely with not-for-profit agencies for the blind throughout New York State to provide technical, educational and resource assistance to their consumers. Services include: Vocational Rehabilitation, Transition Programs, Summer Recreation Programs, an Independent Living Program and more. Their office is located at 100 S Salina Street Syracuse phone number 423-5417.

Interacting with a person who is blind or has a disability that affects sight or vision:

1. When greeting the person, identify yourself and introduce others who may be present.
2. Do not leave the person without excusing yourself first.
3. When asked to guide someone with a sight disability, never push or pull the person. Allow him or her to take your arm, and then walk slightly ahead. Point out doors, stairs, or curbs, as you approach them.
4. As you enter a room with the person, describe the layout and location of furniture, etc.
5. Be specific when describing the location of objects.(Example: "There is a chair three feet from you at eleven o'clock.")
6. Do not pet or distract a guide dog. The dog is responsible for its owner's safety and is always working. It is not a pet.

DBTAC National Network of ADA Centers

If you have questions or comments or would like to see a specific topic covered please email lbush@cnyworks.com